



*About Fosbury & Sons*



Our company name Fosbury & Sons is a tribute to **Mr. Dick Fosbury**, who changed the high jump discipline forever.

Fosbury had trouble with the conventional high jump “*straddle*” method. He started tinkering with his approach, and eventually invented the style of jumping backwards over the bar, now known as the “*Fosbury Flop*”. A few years later, he won the high jump gold medal at the 1968 Olympics.

Like Mr. Fosbury, we aim to *rethink something that is considered conventional*.

**NOT YOUR  
ORDINARY  
OFFICE**



Fosbury & Sons is an antidote to the office of the past. A **human workspace** where people collaborate, celebrate and learn from one another. We aim to make a **difference in the world of work** and to increase the **quality of life** of our members.

We welcome **all types of businesses** (from 1 to 100 persons and even more). We have different formulas adapted to the needs of our members. From a private suite for a complete team to a desk in a shared office to a flexible membership.

Alongside the workspaces we offer **meeting rooms** and host different types of **events**. Our restaurant **Midori** is also open for non-members on reservation.



Bring  
work  
to  
life

*How to make use of  
Fosbury & Sons?*



# OFFICES

Depending on *your office needs*, we have a wide range of memberships.

From a **private suite** for you and your team to a desk in a **shared office** to a **flexible membership**.



# MEETING ROOMS

We have created the meeting rooms,  
not only for you to *work* in,  
but also to *play* in,  
*learn* in,  
and *collaborate* within.

In our meeting rooms you will definitely  
make a **difference**. Open for external  
companies, members enjoy a discount on  
meeting rooms rates.





# EVENT VENUES

Throw a *ball*,  
or a *seminar*,  
or a *workshop*,  
or a *party*.

We have a range of spaces available  
from **65 to 250 people**.

Our catering partner **Midori** is there to  
fulfil your wildest dreams.

Also external companies are welcome,  
members enjoy a discount on our event  
venues.



# FOOD

Fosbury & Sons is *more* than just a place to work.

We also have an in-house restaurant. We serve **breakfast**, **lunch**, and **afternoon treats**, as well as **on demand catering** for our members & meeting room guests.

Our restaurant is open to non-members during lunch (12am - 2pm), preferably on reservation via the website.





# FUN

To add some *fun*,  
we put on all kinds of events:  
**lectures, concerts, workshops, ...**



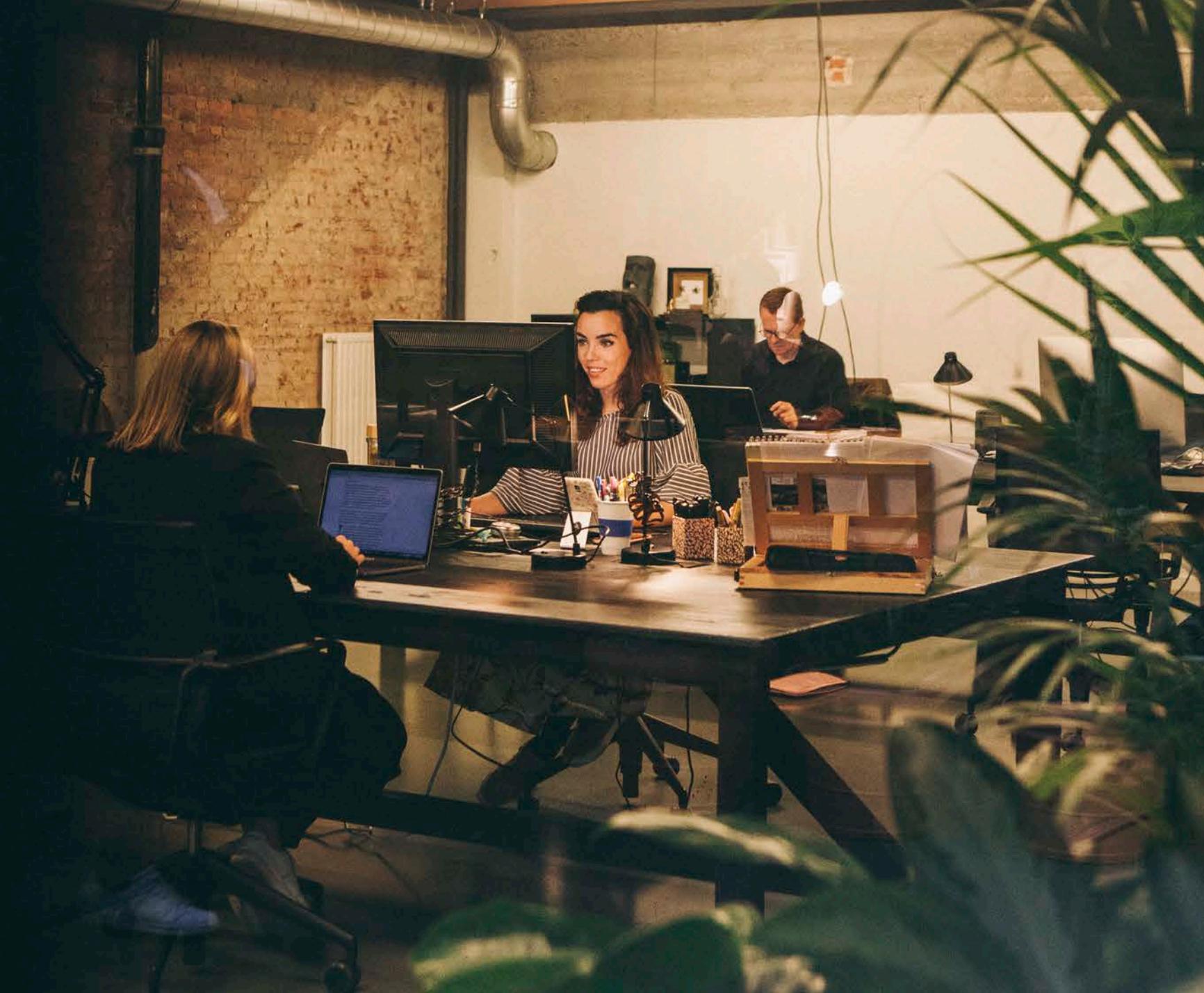
*Our Memberships*

# SUITE & XL-SUITE

Our suites come in a **variety of sizes**,  
something to suit whichever kind  
of office you require

*Thomas' law firm merged with another  
partner and their office became too small.  
They are looking for a new serviced office  
for 20 people, they do not have time to  
take care of all sorts of practical office  
related tasks and they want options for  
bigger offices in the same building,  
if the company expands further.*





## ATELIER

You have **24/7 access** to Fosbury & Sons. Your working space is a **shared suite** in a keycard-only access zone.

You can choose your permanent spot at one of the island desks and set it up whichever way you like.

*Tom works as an independent consultant. He needs a dedicated desk and some storage space but since he works alone, he loves to be surrounded by other people during the day.*



# RESIDENT

As a Resident you have **24/7 access** to Fosbury & Sons. Your working space is in a **keycard-only access zone**.

**Just pick your spot:** communal table, sitting or standing desk. Or, one of our many couches or hidden chill-out spots.

*Olivia is a journalist and writes for different national and international magazines. 9 to 5 is not for her, therefore she needs a flexible place to work, also later at night and during weekends. A fixed desk is not necessary for her.*





# NOMAD

You're welcome in our lobby **5 days a week** during the daytime. Just find your spot.

*Lisa just started her own graphic design studio, she just needs a flexible workplace during weekdays where she can work on her designs and also can meet clients.*



# CLUB

**One day per month** included.

Pay as you go for extra days.

Available 5 days a week  
during the daytime

*Victor works in Antwerp but lives in Brussels. At least one day a month he prefers to work from his home city, whenever he feels the need to work in Brussels he just adds an extra day to his Club membership.*





## VISITOR

Make a reservation for a **half day** or a **full day**. Available 5 days a week during the daytime. Walk-ins welcome.

*Sophia commutes daily to Brussels by train. Due to heavy snowfall the trains are not on schedule today. She decides to work for a day at Fosbury & Sons Antwerp.*





**ACCESS TO F&S WORLDWIDE** *A membership gives you access to all Fosbury & Sons locations.*

**HOSPITALITY** *Reception, print service, community manager, post handling.*

**MEETING ROOMS** *We invite you to host your events & meetings with us.*

**PAYMENT** *Invoice per month.*

**IT SERVICES** *Internet, members account, digital platform.*

**MAILING SERVICE** *We take of your mailing needs, from accepting your packages and keeping them safe with our postal service for your outgoing post.*

**PARKING** *We offer parking to members and non-members alike. Our parking contains an EV Box electric charging station.*

**FOOD & DRINKS** *Purified water, tea, fresh fruit, micro-roasted coffee.*



**VISITOR** *half day* € 19 / day / pp

**VISITOR** *full day* € 29 / day / pp

**CLUB** € 35 / month / pp

**NOMAD** € 175 / month / pp

**RESIDENT** € 295 / month / pp

**ATELIER** € 395 / month / pp

**SUITE** *Starting from €440\* pp / month all-in\**

*\*Reference price for a suite of 10 p in Alfons*

*All prices are excl. VAT*



